

Finding an ECP in your area

The following suggestions may help you find an ECP in your area:

- Ask family members and friends who they use.
- Ask your family doctor for names of local ECPs.
- Contact your health insurance company to learn whether it has a list of ECPs that are covered under your plan.
- Call the department of ophthalmology or optometry at a nearby hospital or university medical centre.
- Contact your local association of ophthalmologists or optometrists. These groups, usually called academies or societies, may have lists of ECPs with specific information on specialty and experience.